

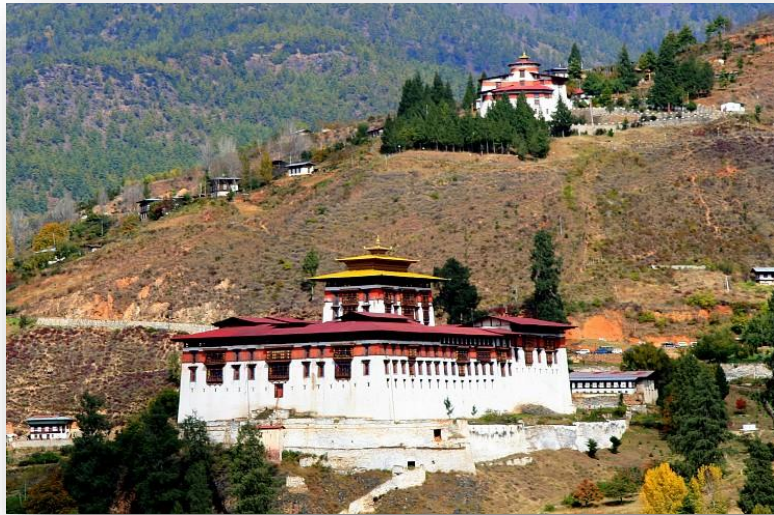
RIGSEL TOUR & TREK 4 NIGHTS 5 DAYS PARO INTERNATIONAL AIRPORT

Day 1: Arrive Paro

The most spectacular mountain flights you will ever experience in a life time. Flying in from the heat of the plains of India one can witness from the left side of the aircrafts window a series of the world's highest peaks. Your pilot will announce the names of

the peaks if the weather is clear. You will descend into the high mountains and as the plane lowers you will not find any airstrip or any city but instead you will enjoy the view of the approaching valley of Paro, the alpine forests, little monasteries, temples and farm houses. Before the plane touches the

runaway you will get a glimpse of the fertile valley of Paro, the Paro Dzong and Paro chu(river). Our representative will be at the airport to assist you, meet and greet and transfer to the hotel. After lunch visit the great edifice (Paro Dzong) which was constructed in the year 1644 for religious institution, government offices & administrative headquarters. You will also visit the National museum (watch tower for the Dzong). Now it is a house for the collection of fine arts, paintings, thankas and antiques overnight at the hotel in Paro.



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Day 2: Hike to Tiger's Nest

Paro is a valley of religion and myth. The most famous landmark,

Taktsang Monastery (Tiger's Nest), stands on a granite cliff about 1000 m above the valley. It is believed that Guru Rinpoche, a famous Buddhist saint, flew to Paro on a tigress and meditated at Taktsang. The monastery is considered a national treasure of Bhutan.



The hike to Taktsang would take us around 2 ½ hrs to reach a cafeteria, a point from where one can enjoy great view of the monastery. Those interested can walk further

45 minutes uphill to get a closer view of the monastery. walk down back to road. The journey downward to the road would take us less 1 ½ hrs. Have lunch at a restraint in town. After lunch take in Paro Bazar Overnight at the hotel in Paro.



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Day 3: Paro - Haa valley day excursion (65 km 2.5 hrs)

Morning day excursion to Haa valley via Chele la-la pass (3800m), a favorite place for many visitors and is one of highest motor able passes in the country. For the Buddhists, it is also a sacred place to festoon the pass with prayer flags. For naturalists, the Chele la ridge offers gardens of Himalayan flowers, plants and of special pheasant species. Water is scarce on these ridges and it is recommended to have enough water supplies with you. Late noon return to Paro and visit the town for shopping or leisure overnight at the hotel in Paro.



Day 4: Paro – Thimphu

After Breakfast you will visit Drugyal Dzong (a ruin fortress). Though it is ruined at present but it is of Great historic importance to the country because it was the place where the Bhutanese had finally defeated the Tibetan invaders and drove them back. You will also get to see the Mount Jomolhari (mountain of Goddesses) on a clear day. After lunch transfer to Thimphu. After check in at hotel, half day sightseeing Thimphu.



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Visit King's Memorial Chorten
(Monument),



Buddha Point (There is a statue of
Buddha which is 169 feet),



Chang Gangkha Monastery (one
of the oldest monastery in the
valley),



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National Zoo (contains
national animal takin)
Overnight at the hotel in
Thimphu.

Day 5: Departure

After Breakfast drive back to Paro International Airport. Bhutan Buddha escort will help you with exit formalities and then bid you farewell.